



KAISER - PROVIDER-CHOICE RIGHTS NOTICE

Kaiser Permanente's Traditional HMO Plan generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Kaiser Permanente or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals.

For a list of participating health care professionals, contact Kaiser Permanente at 800-464-4000, open 7 days a week 24 hours a day. You can also visit Kaiser online at www.kp.org.